

How to Conquer Composting

Composting is an environmentally friendly way to recycle your unused food and yard scraps. By composting, you can create a nutrient rich soil for your vegetable or flower garden and also reduce the amount of waste that goes to landfills.



To compost successfully, follow these three basic steps:

- In order to yield a successful batch of compost, the internal temperature of your compost pile should be between 90-140 degrees Fahrenheit. This will allow quicker decomposition.
- Your moisture content should be between 40-60%. A good way to determine this is by picking up a handful of your compost, squeezing it, and determine if it is a similar consistency to that of a wrung out sponge.
- Packing your organics correctly can determine whether or not you get a yield at all. Your dry/carbon rich materials, also called browns, should cover the base of your compost bin. These could be twigs, dried leaves, even newspaper clippings. Next, your wet/ nutrient rich material, called greens, should be piled in the center. These would be your food scraps. Think of your compost bin as a series of jelly donuts piled on top of one another, the food scraps being your jelly, and your dry yard waste being the donut. You also want to make sure you rotate your pile every 1-2 months, so that oxygen can penetrate and break down of organics can occur.



Composting, like recycling, is an easy way to ensure a sustainable future while also giving your plants a boost! For more composting tips, visit our [website](#), or call (845) 463-6020.